

Title: First Annual Journal of Young Investigators Virtual Poster
Competition Grand Prize Winner



To live and leave life I always prefer my chosen way

By K.B. Ashok

Dedications

I want to dedicate my winning of the 1st Annual JYI Virtual Poster Competition to:

1. My lord Sri Krsna.
2. My parents for their love and irreplaceable support.
3. Dr. J. Sarkar for her unexpected devotion for the study as a guide.
4. Miss. Oindreela Gaguly, my best friend for her continuous mental support, ideas and faith in me.
5. Monoj gupta and all members of Harry's Block who are my college friends for their physical presence and support.
6. Somu, my dearest brother for his 24x7 prayers for my success, love for me, and faith in me.
7. Dr. Akshay Sharma, President of INFORMER India whose positive attitude and neutral behavior influence me much.
8. Dr. Kiran Ejaz from Karachi, Pakistan, for her selfless friendship.
9. Dr. Vasumathi Sriganesh, chief, Q-Med, for her precious blessings for me.

10. Those pure selfless friends who will never mind if I never mention their contribution here

Thank you all of them!!!!

Social information

Hi everybody! My name is K. B. Ashok, a 21 year-old student from India. I was honored to win the 1st Annual JYI Virtual Poster Competition and am here trying to describe a little bit about myself. It all started when I first saw the light of this world on the 31st of July 1988 in a Hindu family. By birth I am a pure Indian. My mother, Smt. Meera, and my father, Dr. Nirmal, are my first friends in this world who have never asked anything in return for whatever they have done for me. Today you are reading me only because of their sacrifices for my life. I feel proud to be their youngest son.

Professional information

My education has been full of leaps and bounds. While in school, I jumped from the 3rd standard to 5th, and again from the 6th to 8th standard classes. Naturally I am younger than my fellow classmates. I gave matriculation via the 10th standard board examination in the year of 2003. Being the son of a doctor papa and sensitive nurse mom, in addition to the younger brother of two science students, my brothers Goutam and Uttam, it was natural for me to be interested in science. However, the per-operative pictures of my papa and careful, devotional service of my mom moved me towards medical science mostly. I passed the 10+2 standard in the year 2005 in science from Kolkata. In the same year, I passed the competitive Medical Entrance examination and was very fortunate to get a chance to be in the MBBS course, starting on the 8th of August 2005 at Midnapore Medical College and Hospital. Right now I am in the third professional MBBS (part-II), which means I am still a student.

Other than my normal studies, I am greatly involved in various types of medical research projects associated with better management procedures for clinicians. Currently, I have done research on tobacco, AIDS, Pre-eclampsia and eclampsia, intersex, drugs used in cervical dilatation, and personality disorders. Projects that I have ongoing include research on reasons behind PET and eclampsia, self medication hazards, the psychology of homosexuals who are stating themselves previously straight, and psychiatric disorders of medical students.

Career information

You all must be agreeing with me that time always changes the options for our life to live. So, what we want to be may not be always possible. Still we have got a plan in mind and I am not different. I want to be a cardiothoracic surgeon, a doctor like my papa with a nurse's heart like mom, and techniques for treating patients like my engineer brother. And what about research? I don't want to take it as a career only because it is already a part of my life and I will take it with me as far as I can.

Extracurricular activities

Truly speaking I love to be busy with anything, no matter if it looks odd to others or not. From childhood, I write and recite poems. To know Bengali properly I took coaching in Bengali recitation from Mrs. Bratati Banerjee. Now I am a regular news reader on TV channels and an anchor in programmes for children's TV. In addition, I play flute. Although I was never good in sports, I sing Rabindra Sangeet. Furthermore, I can prepare all Bengali, Oriya and Gujrati, and some of South Indian and Chinese dishes. I am a part time lecturer cum examiner of Midnapore A. M. College under Central Research Centre, Kolkata, India. I am the teacher-in-charge of a Primary School for old villagers. I am attached with an Orphan House as a medical camp organizer for the students there at Khelar, Kharagpore, India.

Personal activities

Personally I am a soft kind of guy with lots of spaces for my friends in my mind. To be truthful I never share my sorrow with anyone except who can feel it from my smiling face. I don't have any subjective addiction but I am really addicted to making friends and talking with them. I don't want to be isolated; so, wherever I go I just make a family even in a train compartment. That is my nature. Playing flutes is my passion. Now a day I play less but I watch the shows. Favorite game is lawn tennis. During leisure time I prefer internet surfing, reading ACBSS Prabhupada books & Bhagavat Gita, staring at my dear fishes inside my aquarium and talking with my friends. My hobby is philanthropy. When I feel so lonely nothing in this world can console me except music and best music which can boost me up I found Sri Krsna Sankirtan. I believe in god, lord Krsna and everything what I am, is his mercy to me.

Supports of my life

No one can do something alone. I believe one can be succeeded when there is hope, prayers, wishes, love, and affection from others with him/her. Above all there must be a Hand to lift up when he/she can't reach. In my life all I had from my Jhafri, which means Angel who is not with me in this world now, but I feel his love for me always. My best friend for my mental support is Oindreela Ganguly who never said "You can't!" Spiritual support for strong spiritual health within me, I found ISKCON, Hare Krsna Mahamantra, Prabhupada books. As I said supports for my study and career come from my papa, mom and my brothers. The person I love most in this world is my younger brother Somu who always prays for my betterment and success.

Contact Information

You all are humbly requested to pray for me and invited to contact if I can help you anyway which will be my privilege.

You can call me here: +919932821165

You can mail me here: krsnasok@yahoo.co.in

You can write me and post me here: C/o, Mr. Bidyut Bikash Mondal, Prop. of Raja Hindu Hotel, Vidyasagar Road, Midnapore Town, Midnapore(west), West Bengal-721101, India.

Conclusion

I am happy enough to be busy with this entire schedule in my life. Most importantly lord krsna is always being in my every step. Want to be free from your Insomnia, Tension, Personal problems, Loneliness and all ... just be BUSY with anything.

HELP OTHERS...GOD WILL HELP YOU...I BELIEVE!